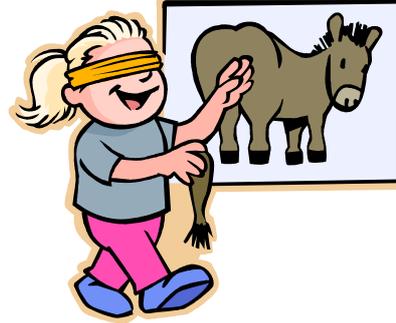


The aspiration trick for /t/

t



*hail*



*tail*

t



*hair*

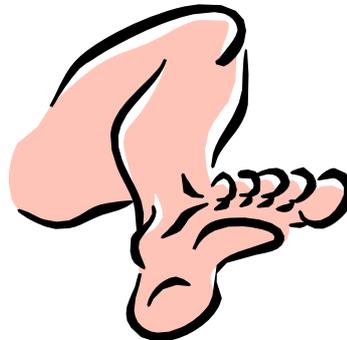


*tear*

t



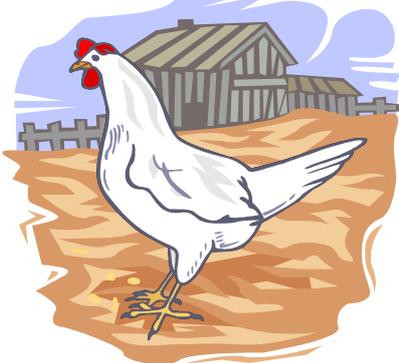
*hose*



*toes*

The aspiration trick for /t/

t



hen

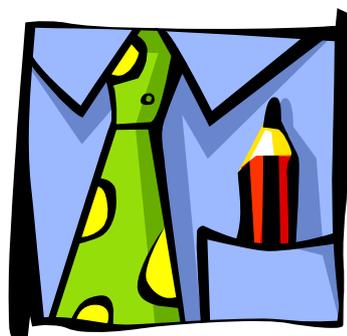
10

ten

t



high



tie

t



hop



top

Practise 't...hail', 'thhhail', etc., gradually reducing the aspiration and eventually turning 't...hail' into 'tail'.