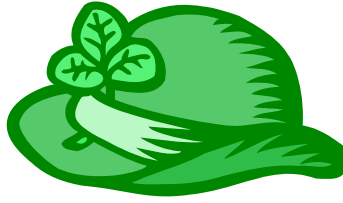
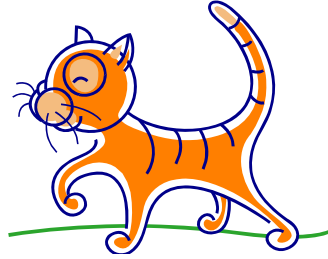


The aspiration trick for /k/

k

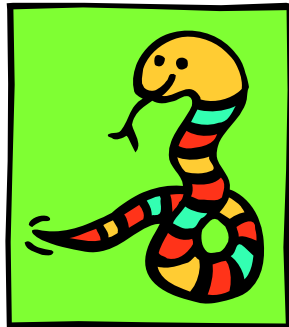


hat



cat

k



hiss

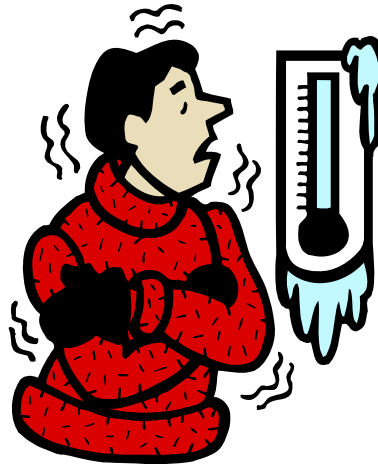


kiss

k



hold



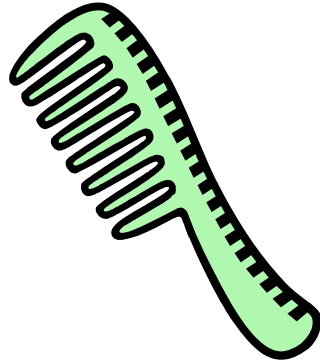
cold

The aspiration trick for /k/

k



home



comb

k



heart



cart

k



horn



corn

Practise 'k...hat', 'khhhat', etc., gradually reducing the aspiration and eventually turning 'k...hat' into 'cat'.